

**FEATURES****Rally for Sanity in D.C.**

Page 4

SPORTS**Women's Soccer enter MAAC**

Page 11



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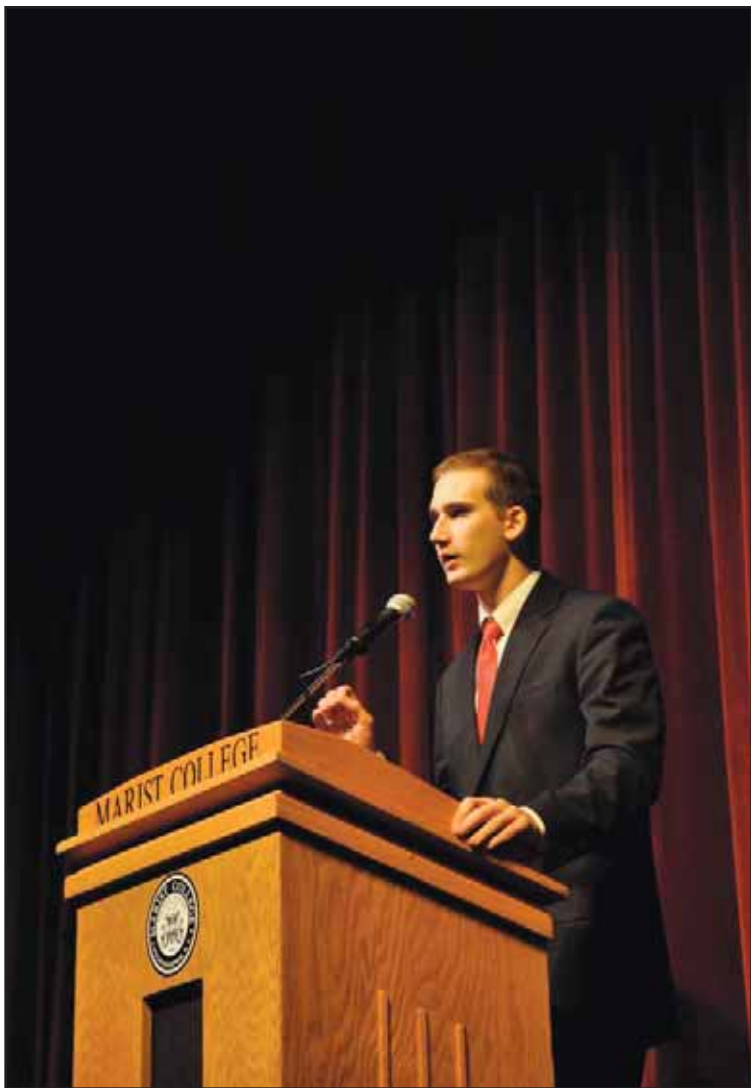
Circle

The student newspaper of Marist College

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FOUNDED IN 1965

THURSDAY, NOVEMBER 4, 2010

SPEAK OUT

DAN NOVEMBER/ THE CIRCLE

On Oct. 26, Steven Velardo, pictured above, was the winner of the first annual Marist Stand Up, Speak Out public speaking competition. The event was hosted by the School of Communication and the Arts and the Marist Debate and Advocacy Society and was held in the Nelly Goletti Theater. The event consisted of Marist students presenting six to eight minute speeches on political issues of their choice. The students' speeches were judged by a panel of Marist faculty and staff as well as local politicians and professionals. Velardo won \$300 for coming in first place and cash prizes were available for the preliminary round winners.

Student fights domestic violence by healing hearts

By HEATHER BILANCIONE
Circle Contributor

One in every three teenagers is involved in an abusive relationship. Danielle DeZao was one of them. After experiencing an abusive relationship, she made it her mission to take action and spread awareness; by "healing a heart and removing the one."

Domestic violence is something that should never happen, but the fact is, it does more than many people even know. DeZao, a junior at Marist, never thought it would happen to her. After struggling with mixed emotions of anger and confusion, DeZao set out to find answers.

Researching the causes of domestic violence and reading stories of other victims, made her realize she wasn't alone even though she felt she was. She came across the statistic "one in every three teenagers are in an abusive relationship" and felt it was her responsibility to make a change.

H&3rt1, the organization founded by DeZao, started as nothing more than a concept of research which gave DeZao peace of mind during the restless nights she faced, two months after getting out of an abusive relationship.

In fact, the logo began as a handful of sketches she drew at the top of her notebook during class. The name "H&3rt1" became symbolic of DeZao's personal experiences mixed with the dreams she has to heal

those who are still hurting.

"I just couldn't stop thinking of how much my heart hurt, of how I didn't know it was possible for it to be so crushed, of how [as I learned] one in every three teenagers experience the very same heartbreak because of abusive relationships," DeZao said. "After trying to fit all these complex thoughts and feelings and goals together like a puzzle, I came up with H&3rt1, which stands for "heal a heart, remove the 1. I finally had found something that would tell people, even myself, that bruises don't have to equal broken, they will heal."

Only eight months after her initial scribbles, DeZao's organization has grown to an extent she never imagined would happen so quickly.

H&3rt1, officially recognized as a functioning group at Marist, has now expanded to Loyola University where it is an official university club.

Word of this inspirational cause spread so far it caught the attention of ABC's hit show "What Would You Do," which will feature an episode with DeZao in November, discussing domestic violence.

DeZao shared her experience with the Town of Poughkeepsie Police, who also used her to demonstrate domestic violence in an informational training video for their officers.

See DeZao, Page 5

Fashion Inc. to further honor former student Alyssa Martino's memory with "Glambition" bracelets

By ABBEY SCALIA
Circle Contributor

Fashion Inc., Marist's fashion club, will be promoting a sale of bracelets to honor Marist fashion student, Alyssa Martino, who died this past summer. The proceeds will go toward a scholarship in honor of her and will be on sale at Fashionology, Marist's fashion boutique throughout the semester.

Caitlin Louie, public relations director of Fashion Inc. and close friend of Martino, said that Fashion Inc. provided funds to start the project. Louie, who was involved in the production of the bracelets and scholarship, said that the idea started because a lot of students on

campus had no idea of Martino's death.

"Her memory should get more respect," Louie said.

The bracelets will be sold for \$10 and 100 percent of the profits will go toward the scholarship in Martino's name. The bracelets will say "Glambition," which according to Louie means true beauty and self-confidence. There will also be bracelets for sale that say "Keep Calm and Carry On."

"Alyssa wouldn't want us to dwell [over her death]," Louie said.

A tag will be included on the bracelet to let buyers know what the message stands for and the cause they are supporting.

The scholarship, also titled "Glam-

bition" will be awarded to one upcoming sophomore, junior or senior in the fashion department. To apply, students must complete the application and write an essay.

The essays will be read anonymously and then voted on by Radley Cramer, fashion department director, and other members of the panel. According to Louie, the winner will receive money to cover lab materials and tuition.

Advisor for Fashion Inc., Jamie Perillo, said in New York City fashion design students do trend research and buy fabric and materials for projects. There are also costs for fashion merchandising majors.

Louie hopes to make it official that the club participates in an event

every year to raise money for the "Glambition" scholarship in the future.

Corrections from last week's issue:

In the online version of the Joel Miller (R) story, it was inferred that Tom Martinelli, Town of Poughkeepsie Party Chairman said that Miller was not endorsed by the Republican Party, when he was in fact endorsed.

Photo Credit Correction: The "Lysistrata" production was sponsored by The Marist Theatre Program as well as the Marist College Council on Theatre Arts. The description only listed MCCTA as sponsor.



THIS WEEK

Thursday, 11/04

Chess Club Meeting

SC 348
9 p.m.- 11 p.m.

Friday, 11/05

Men's Soccer vs. Niagara

Tenney Stadium
7 P.M.
Free admission

Saturday, 11/06

Football vs. Davidson

Tenney Stadium
Noon

SPC Movie: Dinner with Schmucks

Cabaret
10 p.m.- 11:59 p.m.
Free with valid Marist ID

Sunday, 11/07

Mens Soccer vs. Canisius

Tenney Stadium
1 P.M.
Free admission

Monday, 11/08

Alzheimers Awareness Fair

Cabaret
5:30 P.M. - 7:30 P.M.
Refreshments provided

SGA Safety and Security Committee Meeting

SC 349
9:30 P.M.

Tuesday, 11/09

Gaming Society General Meeting

9:00 P.M.

Wednesday, 11/10

Flu Shot Clinic

Noon - 4 P.M.
SC 346

Campus Parking Seminar

Noon - 4 P.M.
SC 346



Security Briefs Halloween keeps creepin' tradition

By CHRIS RAI
Staff Writer

There are some special events that happen on Marist College's campus that make me unspeakably excited. You could even say they make me giddy. They are my Mount Rushmore of happiness, and they are as follows: The day the Adirondack chairs reappear outside of the library in the Spring, the day the Christmas tree is put up in the Christmas Tree Room, Sundress Week and the first Snow Day. But last year, I realized my Mount Rushmore was going to have to make room for one more head: the security briefs meeting after Halloween. Marist students go absolutely bonkers when they're allowed to put on a costume. It's truly unbelievable. So welcome to the club, Halloween Briefs. Be honored to share the same stage with Christmas trees and sundresses.

10/28 - Boathouse

A student was riding his bike down by the river. He ran into a chain between two poles and flipped over it. Sorry, whoever you are. I do hope you're okay, and God knows I've made enough clumsy mistakes in my life, but flipping over things is almost always funny.

10/29 - Foy

Halloween madness begins. At 11:45 p.m., a drunk student was found in the bathroom of Donnelly. He was transported to St. Francis. That's one. By the way, these stories would be exponentially better if I knew the costumes everyone was wearing. Imagine? A slutty Rugrat

Letter from the Editor

This week's letter will be short and concise, much like this week's issue.

The stories that are becoming more prevalent on campus are the ones regarding one's physical and

was found throwing up in the bushes. A sexy guybrarian throwing up on a cab driver and sent to St. Francis. Damn. Missed opportunity. Next year, next year. **15 points.**

10/29 - Donnelly

A drunk student was intercepted in the Donnelly Parking Lot. He was evaluated and taken to the hospital. He also may or may not have thrown up next to John Gildard's car. If it wasn't him, someone else did. There was vomit right next to his car. That's two.

10/29 - Midrise

Four Loko was confiscated from someone's bag at the Midrise's entry desk. No hospital trips here, but I have a question. Is there any company with more negative publicity right now than the makers of Four Loko? It's been called "poison," the equivalent of a daterape drug; "liquid crack." But at the same time, we continue to drink it. A part of me wants to blame the media and these news stories. When college freshmen hear that just one \$4 can of alcohol will get them drunk enough for the entire night, they don't think "Oh no! That's dangerous!" Most will think, "Awesome. That will give me more money to spend on food." **10 points**

10/30 - Upper West

A female guest sleepwalked into a random person's apartment. That's a funny story to tell in the morning. Security was called, and she was directed back to her friends. I know you were a guest, so you will never in your life hear this story. But in case you do, don't feel bad. When I was eight, I sleepwalked

and their personal information safe.

When reading the article about Danielle DeZao's campaign to combat abusive relationships or our opinion editor's social experiment on Facebook, we encourage the student body to keep their well-being

into my friend's mom's bed. And when I was 20, I sleepwalked into my friend's bathroom and passed out in the middle of it. The picture is on Facebook. **10 points.**

10/30 - Midrise

Another drunk student on a bathroom floor. Where's Shaggy to remake, "Wasn't Me?" Picture this: we were both black out drunk, chillin' on the bathroom floor. She went to the hospital. That's three.

10/30 - Fulton

An intoxicated Teletubby got sick and was taken to St. Francis. Ugh. I wish. It was just a student. Four. **15 points.**

10/31 - Marian

At six in the morning, a male student tried to use a female ID to gain entry into Marian Hall to visit the girl whose ID he was using. I have been writing this column for almost a year and a half now. This has happened, I think, five or six times. I want somebody to try this at a bar. I think that would be great. Let me know. **10 points.**

10/31 - Marian

Well, we might as well end in St. Francis, right? Sure. That's five.

Disclaimer: The Security Briefs are intended as satire and fully protected free speech under the First Amendment of the Constitution.

and their personal information safe.

Stay Wise,

Thomas Lotito
Editor-in-Chief

The Circle

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Voyeuristic friendship viewing turns users off

By HEATHER STAATS
Opinion Editor

Late Sunday night, I logged onto Facebook and was shocked with the new levels of creepiness that the site released. Where you were once allowed to view wall-to-walls between people you were friends with, you can now “See Friendship.”

What’s so creepy about that? Well, instead of just viewing a wall-to-wall conversation (which is voyeuristic in itself, but I digress), you can now see every photo that two people are tagged in together, along with every single event they ever attended together, things that the two “like” in common and all of their mutual friends.

To show my outrage, I decided to update my status. It reads, “Dear Facebook, Allowing me to see other people’s friendships is weird. You’re about one creepy move away from losing me as a user. Step it down to a stage 4 please. Love always, Heather.”

Within seconds, 10 people “liked” it, and I had nine comments. Clearly I wasn’t alone in my opinion.

Junior James Napoli, was among the first of the respondents.

“I just noticed [the change] and thought to myself...’God this is

creepy!’” Napoli said.

Senior Chris Traina, didn’t know what the change was all about at first. Once I explained it to him he said, “This is a little weird.”

But it was a comment made by my father (with whom I am friends on Facebook) that really made me think. “Be careful what you write, and who you write it to,” he said.

Let’s be honest – you’re judged by the company you keep. And in the realm of Facebook, some “friendships” might look a bit more lewd or disparaging than they are in reality. Sarcasm, inside jokes and tonality do not always translate well when read on a screen. With this change, it’s important for all students who use Facebook to be more wary of what we post on others walls, what we “like,” etc.

We’ve been told by everyone from our professors to our parents that we should be careful of how we present ourselves on Facebook (especially when employers may check you out on these sites). But this means that we need to do more than untag unsavory pictures – we need to watch our conversations as well.

With every innovation that Facebook contrives, I come closer and closer to deleting my profile. In order to enjoy the site in the same way that I used to, I need to priva-



RAY-FRANCO BOULY/Flickr.COM

New friendship function gets up close and personal with your relationships.

tize every aspect of my page. It’s a huge hassle and a huge risk if you forget to protect one aspect of your profile.

Senior Kelly Gallucci, is concerned with this new change for these reasons too.

“It isn’t necessarily that I have anything to hide from family or potential employers,” Gallucci said. “But I still don’t like the idea of people having such open access to my conversations with friends that can be taken out of context.”

The simple solution is never to act in a way that will come back to hurt you. Acting irresponsibly leaves you

open to unwanted attention at any time. However, I’m a realist. We’re in college and some of us may want to go to a bar or house party at some point. But this new level of transparency on Facebook really has me thinking about how much of myself I want available to the rest of the world online. I’m aware that for every privacy setting that I put on my page, employers can probably break them down. Until I can muster the courage to hit the delete button, I will take my father’s advice by considering what I say to my Facebook friends.

THE CIRCLE
The student newspaper of Marist College

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Restoring sanity with Colbert and Stewart

By **BRYAN TERRY**
Circle Contributor

For the tens of thousands of people who came to Washington, D.C. on Saturday, the afternoon was much more than just a political rally. In fact, on stage, politics was barely mentioned.

The afternoon was star-studded with a slew of performers including The Roots, Sheryl Crow, Sam Waterston and Tony Bennett. Jon Stewart and Stephen Colbert kept it comical and satirical for much of the event, with Colbert often pitting his fear against Stewart's sanity in routines similar to those from their television shows.

"I will give you that some robots are scary," Stewart said in one bit between the two.

"No, not some robots, all robots," Colbert said. "What about R2D2?"

Stewart responded as the famous robot rolled its way out on stage to the cheers of the audience.

But while much of the on-stage performance was apolitical and nonpartisan, a quick glance at the crowd could send a slightly different message.

While some of the signs fit into the message of sanity, "I'm reasonable as hell, and I'm not going to take in anymore unless you convince me otherwise with a rational argument," others showed the distinct political view, "God loves everyone except Palin, O'Donnell, the Tea Party and Republicans." Overall, the crowd was



PHOTO COURTESY OF GETTY IMAGES

Colbert and Stewart send off political ideology at Rally to Restore Sanity.

pretty split as to whether they thought the rally was political or not.

Britt Uzzell, 46, of North Carolina thought politics did not play much of a role in the rally, though his companion was carrying a sign which read "Fox Skews."

"I think that comedy and satire can help lead to a productive political discourse," Uzzell said.

One thing noticeable about the audience was that it was made up of people that varied greatly in age, from a girl who looked to be about six or seven years old carrying a sign that read "Member of the Birthday Party" to two 62-year-old elementary school teachers who were concerned about their students' futures.

"I think an event like this allows people to just be American without being so polarized," said Dara Baker, 35, graduate student studying at the University of Maryland: College Park.

However, her schoolmate, Andrea Deboef, thought that the event had become more political.

Despite the various viewpoints of the audience members, the overall feel when walking through the crowd was left-leaning, which makes sense considering the demographic groups that tend to watch "The Daily Show" and "The Colbert Report." Several signs said things like "The price of weed is too damn high" and "Rally to ignore Hannity."

Though members of the crowd were not afraid to show their political views, the people on stage seldom took sides. The most political moment took place at the end of the rally when Stewart went after the media and the 24-hour news cycle that is ever present in our politics today. He slammed cable television news on both sides for making arguments too loud to become productive.

"If we amplify everything, we hear nothing," Stewart said. "The press is our immune system. If it overreacts, we actually get sicker."

This speech struck a chord with the audience. At this point during the event, people who were talking were shushed and some members of the crowd even called to the people in front of them to take their signs down, allowing those behind them to see.

Stewart continued his closing statement by pitting the insanity of Washington, D.C. and cable news up against the sanity of the everyday American.

"We work together to get things done every damn day," he said. "The only place we don't is here or on cable TV."

That sentiment is what the crowd came to hear. The massive group remained hushed as Stewart concluded his speech.

"Sanity will always be and has always been in the eye of the beholder," he said. "To see you here today, and the kind of people that you are, has restored mine."

SGA fight for student involvement continues

By **MICHAEL GAROFALO**
Circle Contributor

Sophomore Valerie Piscitello has an important role at Marist: making it more efficient for students to keep themselves informed about campus events. She holds the position of student government director of communications.

"It was kind of sketchy at first," she said. "It was a little on the rocks, and many people were like, 'why do we need this position? We already have a director of public relations.'"

A few years ago the position did not even exist – only the aforementioned director of public relations position existed. The job was divided in two, and the director of communications position was created.

But the move did not work as planned, and so the position was removed. This occurred before Piscitello even attended Marist. Last year, Matthew Lubrano, student body president of SGA, wanted to create the position again, and he appointed Piscitello.

"I was a little nervous at that point" Piscitello said. Now that the job is more clearly defined from the director of public relations, she is both relieved and focused.

The director of communications is in charge of social networking media, such as Twitter and Facebook. Director of Public Relations Rebecca Snodgrass is in charge of posters and flyers. Each role is specifically delineated.

Both Snodgrass and Piscitello head a new committee called the Communications Board, which met for the first time Tuesday, Oct. 19.

Piscitello has around 1,500 Facebook friends and a few hundred followers on Twitter, although she hopes to garner more followers in the future.

"Not that many people on campus have Twitter," she said. "Twitter's not as big as Facebook."

Piscitello admits that she is often on her phone between classes – usually replying to messages or making posts. She encourages students to watch for updates under her username MaristSGA, which she uses for both Facebook and Twitter accounts.

"I try to follow as many clubs and organizations at Marist as I can," Piscitello said. "I also follow Tim Massie, who does a lot of PR for Marist."

She has connected with the Safety and Security Committee, as well as H<3rt1, an organization that aims to raise awareness about relation-

ship violence. She posts updates regarding Wellness Wednesdays, and posted about the breast cancer lecture that took place a few weeks ago.

Recently, Piscitello posted some information about the new registration system that has some students puzzled.

For students who do not have a Facebook or Twitter account, Piscitello can still utilize Foxmail for communication. If an event has relevance to the entire student body, Piscitello can ask Vice President/Dean of Student Affairs Deborah DiCaprio to send out a mass e-mail – in the [MAR-STU] format.

However, students who do not use the social media are at somewhat of a disadvantage according to Piscitello.

"You don't have access to a lot of information that is cycling through the internet through Facebook and Twitter," Piscitello said. "I get so many invitations every day from different clubs, from bars and clubs in Poughkeepsie having events, friends having different events. It's also just a way to stay in contact, and keep people updated."

Although social networking media is currently being used by Piscitello for on-campus events, SGA may be branching out very soon.

Recently, the External Communications Committee was established. According to Piscitello this is the first time a committee will "be reaching out to other schools in this area, other colleges and universities, as well as [engaging in] community outreach." She reports that her contact with other colleges has been successful, and they are interested in networking.

Overall, Piscitello is happy with how the position of director of communications has turned out, but she has hopes for improvement as well.

One goal is to increase student turnout at the SGA office.

"This office may seem a little intimidating," Piscitello said, but she assures students that they are always welcome, and need not bother knocking. "We would like more people to attend the meetings. That's something I've put up on Facebook and Twitter."

One way to combat this is with town hall meetings in the Cabaret, because they are more public. Typical SGA members are public too, but bringing meetings to a new location offers a better opportunity for students to get involved.

Aside from SGA, Piscitello is involved with Marist's environmental club, S.E.E.D and resident student council at Gartland Commons.

New intramural sport has Foxes chasing snitch



PHOTO COURTESY OF GETTY IMAGES

Muggle Quidditch became a new American sport after adoption from Europe.

By CHRISTINA O'SULLIVAN
Circle Contributor

As a lifelong Harry Potter fan, I was very excited and intrigued to attend the SGA sponsored Quidditch tournament on the Gartland field at 2 p.m. on Halloween. I grew up escaping to Hogwarts with Harry, Ron and Hermione. Having the chance to bond with others who share my Potter passion while getting exercise seemed like an interesting opportunity.

Muggle Quidditch, as it's been termed by the 65 other colleges who regularly play the sport, is by nature ridiculously silly. It attempts

to adhere to the rules of Quidditch as described in J.K. Rowling's novels as closely as it can without the flying on broomsticks and magical balls.

James Napoli, president of the class of 2012, taught around 30 of us the rules as played by Vassar College, who (unsurprisingly) has their own team called the Butterbeer Brewers. All seven members on a team must use one hand to hold a broomstick between their legs at all times. The three chasers try to throw a soccer ball (Quaffle) into a trashcan at the end of the field, which is guarded by the keeper. Two beaters chuck slightly deflated

dodge balls at opponents, whom, if hit, must run a lap around their goalpost before they can continue playing.

The golden snitch, the tiny and fluttering bewitched ball, is generally played by a cross-country runner, who sprints anywhere across campus to avoid being found by the seeker. Our golden snitch had a yellow ribbon taped to her leg, which must be removed by a seeker for the game to be over.

I immediately volunteered to be a beater, which clearly seemed the most fun. My other teammates put a finger on their nose to opt out of being the seeker, who'd have to run around the Marist campus for the entire game. The rest of the positions were divvied up and without much more clarification of the rules, the whistle sounded and we picked up our brooms.

It soon became clear that during the 20 minute long game, although we had a basic idea of how to play the game, many ambiguities made it somewhat frustrating. I loved pelting the other team's chasers with the dodge ball, but could I throw it at their beaters too? Could the other beaters grab the dodge ball from my hands, or did they have to wait until I threw it? These questions could probably be answered instantly by Vassar Quidditch experts, but our game was a bit confusing.

Also, holding a broomstick between my legs not only made it extremely awkward to run; it also hurt after just a few minutes. But when our seeker triumphantly bounded down the Gartland stairs with the golden snitch's ribbon in his hand, and our team chanted "Slytherin! Slytherin!" it was all worth it.

Andrew Fritzer, a senior who played keeper on my opponent's team, said playing Quidditch was a great experience.

"You feel like a kid on the field running around with that broom, but everyone was so into it that it became something awesome," he said.

Napoli said he organized the event as homage to the novels we grew up with, and to hopefully spur student interest to start a Marist intramural team. He also said Vassar fully supported our inception of a Marist team, because then we could play each other.

Although the rules were confusing and running with a broomstick was uncomfortable, hanging out with other fun and nerdy people who grew up dreaming about Hogwarts might make a Marist Quidditch team a lot of fun. Possible team name: the Marist Fawkes?

From Page 1

DeZao further explains aspirations for H<3rt1

DeZao was awarded The Grace Smith House Award this October and was the keynote speaker at the 2010 annual spring luncheon for the Dutchess County Coalition Against Domestic Violence.

H<3rt1 has continued to raise money for local charities in the Poughkeepsie area. Bracelet sellings have already taken place this month. DeZao and h<3rt1 members sold hand-braided bracelets made of two purple strands and one black strand, for \$1 each, giving their profit to local charities.

After accomplishing so much it was hard for DeZao to pinpoint one thing.

"Passing a stranger and seeing a bracelet on their wrist, having someone hug me after one of my speeches and saying 'you don't know who I am but thank you for that,'" DeZao said. "If I've changed even just one life through all of this, it's more than enough to me."

Today H<3rt1 is a mix of 100 female and male Marist students, which DeZao thinks is key to educating teens on domestic violence. She said having males there shows that they are affected too, which many people don't realize.

Danny Turner, who joined the group this fall and has never been an abusive relationship himself, said he has learned a lot from being a member and is more mindful of how he treats those closest to him.

"The best part for me is feeling

like I'm making a difference," Turner said. "The hardest part of doing service or helping others is starting—but once you do, it's always a rewarding experience."

Ultimately DeZao said her biggest aspiration is to become a national non-profit organization, in hopes to reach a larger amount of people. DeZao and her members have already traveled to New York City to speak to high school students.

Domestic violence affects one in every three teenagers, but knowing signs of abuse and where to get help is key to changing those statistics. DeZao clearly shows it only takes one person to make a change.

"Listen to your gut – if something doesn't feel right it's because it isn't and admitting that is the hardest part, it's also the first step to getting your life back," DeZao said. "Don't ever feel like you're alone, look at the statistics and you'll see how not even close to alone you really are."

More information about signs of domestic violence and H<3rt1 can be found on their website—web.me.com/ddezao/h<3rt1.

If you or someone you know, is in an abusive relationship please visit www.thehotline.org or call 1-800-799-SAFE (7233). Or call 1-800-787-3224. All calls will be confidential and can be anonymous.



HEATHER BILANCIONE/THE CIRCLE

Danielle DeZao, pictured above is shown selling her H<3rt1 bracelets. The bracelets are handmade with purple and black strand. Sold for \$1 each, the profits go towards local charities. DeZao said her biggest aspiration is to become a national non-profit organization, in hopes to reach a larger amount of people.

MARIST INTERNATIONAL PROGRAMS

Gate **B25**

ANYWHERE BUT HERE

SHORT-TERM PROGRAM

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12:30 PM

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New Jackass movie showcase stunts in 3D



Y.CARADDEC / FLICKR.COM

"Jackass 3D," the third film in the series, marks the 10th anniversary of the franchise.

By CHRIS TUREK
Staff Writer

Ever since "Avatar" debuted last year, it has become popular to film and produce movies with three-dimensional effects. While the technology for making a 3-D movie has progressed from the old-fashioned red and blue 3-D effects of years past, I always thought that while you could make a movie projected in three-dimensions, there is no reason to do so. That is, until I saw a trailer for "Jackass 3D." I was a fan of "Jackass" when it was originally on MTV, and I still find the show to be entertaining. When I saw that the new movie was going to be in 3-D, I did not have my usual eye-roll reaction to the idea. Instead, I could not wait for it to hit theaters. I was a bit disappointed with the last two "Jackass" movies. It seemed that

they had not come up with new original pranks and had begun, instead, to make them disgusting and ridiculous, even by "Jackass" standards. So I was a bit worried that this new film would follow in those footsteps. Even so, I could not pass up the chance to see "Jackass 3D." On opening night I went to the theater, eager to see the new Jackass antics in 3-D with my friends.

Once I finally got my ticket and found my seat, I noticed that you could feel the anticipation for this movie by everyone who was in the theatre. My local movie theater sold out every showing on the day of release. Clearly, other "Jackass" fans shared my high hopes and expectations for this newest installment in the series. Once the movie began, there were cheers and applause. The opening sequence of "Jackass 3D" was as epic, as we had

all expected, from the first three movies, and the fact that it was in 3-D made it that much better.

The stunts in "Jackass 3D" were as good as the previous television show episodes. They had the feeling of absolute ridiculousness and disregard for personal safety that had made the show and other movies so popular, without being overly raunchy or disgusting. True, there were still a few scenes that were nauseating, but it is "Jackass" after all that is part of what makes the entire "Jackass" experience what it is. There were the quick pranks, such as the "Rocky" scenes, and even a few personal ones that play off of one of the cast members, like Bam Margera's fear of snakes. To my relief, "Jackass 3D" did not turn out to be one huge homosexual joke as "Jackass 2.5" did, but instead it felt like the first "Jackass" movie: just some guys hanging out and doing stupid stunts that no sane human being would ever do, but would gladly watch someone else give it a try.

The only part that was disappointing was the 3-D effects. While entertaining, were not constant throughout the movie. Most of "Jackass 3D" was not filmed or shown in 3-D, and the effects were not used outside of slow motion replays of certain stunts. Other than that, "Jackass 3D" is definitely worth checking out, if you are looking for a great laugh and a fun night out with your friends.

Rating: 3 out of 4



By RYAN RIVARD
A&E Editor

Crystal Castles "Not in Love" f/ Robert Smith of The Cure – Crystal Castles and Robert Smith sound just like heaven together. Rarely do remixes ever surpass their originals, but this is the case with "Not in Love." The blend of the Crystal Castles' digitized sonic palette and Robert Smith's deep, melodramatic vocals provide a pre-approve Goth anthem. Now if only the Crystal Castles, Robert Smith and the rest of The Cure could collaborate on an entire album. Now that's something we have to hear.

Kanye West "The Joy" f/ Pete Rock, Jay-Z, Charlie Wilson, Curtis Mayfield & Kid Cudi - Kanye West dials in a retro vibe for this G.O.O.D. Friday track, led by the Curtis Mayfield sample. Once again, "The Joy" is another example of not only West's talent as an artist but as a music curator. Track after track, West has carefully chosen only the best to appear on his tracks. With talent like the legendary producer Pete Rock, Jay-Z (enough said), and rising rapper Kid Cudi, it's hard to argue against the talent. Uncharacteristically, West takes a back seat to many of these guests, suggesting that maybe he has grown as a person. Putting all that aside, there's still room for West wordplay: "I never understood Planned Parenthood / Cause I never met nobody planned to be a parent in the hood."

Kid Cudi "Scott Mescudi Vs. The World" – Scott Pilgrim reference aside, this song is a powerful opener to Cudi's dark hip-hop album, "Man on the Moon II: Legend of Mr. Rager." The song retains many of Cudi's signature sounds from his first album, including spacey textures and sparse beats, but also expands on this palette. Cudi's confidence has been revved up to another level, as he only raps two verses, letting Cee-Lo Green's soulful croon close out his own album opener.

Lupe Fiasco "The Show Must Go On" – Lupe Fiasco's endlessly delayed album "Lasers" has stirred up a ridiculous fiasco over the last few years, the latest a fight between Atlantic Records and Fiasco. Fiasco hasn't shied away from hyping up the album either. During a recent show at Wake Forest University, Fiasco said, "After 'Lasers' drops, things will never be the same in hip-hop." Bold statement, but after sampling this single, it's hard to argue against Fiasco bringing his A-game. Find out if Fiasco changes hip-hop forever when "Lasers" releases on Mar. 8, 2011.

Bruce Willis is fit enough for action flick 'Red'

By RYAN CHIAVETTA
The New Hampshire

Bruce Willis turned 55 earlier this year, and at that age one would figure that his action days would be long behind. Watching his latest release, "Red," Willis shows he still has what it takes to be an action star in this highly entertaining film.

The film follows the life of Frank Moses (Willis), a retired CIA agent who has not adjusted particularly well to life out of the field. He spends his time talking to Sarah (Mary Louise Parker of "Weeds" fame), a customer service agent who deals with Moses' pension while she works in Kansas City.

Moses' quiet life is soon turned upside down when a group of assassins come to his house to try and kill him. After dispatching them with ease, Moses travels to Kansas City to pick up Sarah, and tries to figure out why he has been targeted for assassination years after his retirement.

Willis is in top form, as usual, playing the badass that has made him famous throughout the years.

At 55, he is still convincing playing an action star as he is still in good enough shape to fight. Much like in "Die Hard," a lot of Willis' charm comes from dry humor as he is given a good amount of one-liners throughout the film.

Willis is backed by a tremendous supporting cast with the team that helps his character track down the people responsible for the assassination attempt. Morgan Freeman is great in his relatively small role as Joe Matheson, a retired CIA agent trapped in a nursing home in disbelief over the fact that he is now an old man.

Helen Mirren is also sharp as an ex-MI6 operative who joins up with Willis and company later in the film. It is a delight to see Mirren eloquently discussing the process of killing people in such a sweet manner. Watching the former Queen Elizabeth II manning a massive turret is enough to make anyone smile.

However, the true scene stealer was John Malkovich playing the paranoid conspiracy theorist Marvin. The character is the most humorous in the movie as Malkovich

is perfect playing a character with a few screws loose.

Whether it's carrying around a giant plush pig, protecting himself from detection by wearing a plastic bag, or hurdling himself at a car with a bomb strapped to his chest, Malkovich offers that sense of humor throughout the movie.

Even though humor is a big part of the movie, "Red" is an action movie first. The action scenes are fun to watch, mainly due to the interactions between the characters. Stand out scenes include a gunfight in a shipping dock, which gives Marvin an awesome moment when he stands off with against an RPG with a handgun, and a knockdown fight between Moses and his CIA pursuant (Karl Urban, "Star Trek") perfectly set to Aerosmith's "Back in the Saddle."

With a strong cast, a perfect sense of humor and entertaining action scenes, "Red" is a film that would have made a good summer blockbuster. "Red" is a perfect film for those looking for something lighter than the typical fall Oscar fair.

Sexual Healing: “Hole-y hygiene, Batman!”

By RACHAEL SHOCKEY
Staff Writer

Vaginas and anuses may be just as prone to infections as they are to pleasure. It's uncomfortable to talk about what's OK and what's not OK to put in vaginas and anuses, but what's way more uncomfortable is irritation/infection in these places from exposing them to something dangerous. Not only will these irritations act as a dark cloud raining over your sex life, but they can cause distracting pain that you won't want to explain to professors when you feel like missing class. The following is a brief guide to protecting your precious points of entry.

Soap/body wash/shampoo/shower gel: unsafe.

Yes, despite that our society encourages doing anything and everything to conceal vaginal “odor,” these products conflict with the vagina's natural cleansing processes. Vaginas are more independent than we think; they clean themselves constantly without being told to (that's why vaginal discharge occurs). Soaps can cause severe vaginal irritation and infections, and they may irritate the anus as well. “Excessive washing can aggravate [anal itching] by removing your skin's natural protective oils,” wrote Mayo Clinic staff at <http://mayoclinic.com>. Rely primarily on good ole' hot water when washing, and if you feel you must, carefully wash with a mild soap around the vulva and anal area.

Vaginal douching: unsafe.

Using a vaginal douche – or any kind of feminine wash, spray or powder for that matter – can render severe consequences. Similar to the issues with soap, these products interfere with the good bacteria in a vagina, leaving the vagina unprepared to fight potential infections. Bottom line: let your vagina take care of itself, and try not to worry so much about smelling like an all-natural human being.

Anal douching: safe.

Anuses tend to be more forgiving of our obsession with hygiene than vaginas are. Claire Cavanah and Rachel

Venning remind us in their sexual health book, “Moregasm,” that the rectum keeps quite clean on its own, but anal douches and enemas are safe to use. “Try a warm water anal douche if you want to be extra clean...you can use a saline enema from the drugstore, but usually a shower beforehand is sufficient,” wrote Cavanah and Venning.

Washcloths/loofahs: unsafe.

Even if you wash your assorted hand towels/dishrags/washcloths frequently, there's still a good chance that they will carry some bacteria. Don't risk letting your points of entry come into contact with these germs. Get to know your body better, and scrub down the old fashioned way: with your hand.

Spermicidal lubricant: unsafe for the anus.

Many condoms come lubricated with spermicide, which offers extra protection against pregnancy. Trojan Brand Condom's website warns that spermicidal products are hazardous to the anus, and may even pose dangers to the vagina. “Nonoxynol-9 [the chemical in spermicide] may be irritating to some people, especially with use more than once a day, and vaginal irritation can increase the risk of STDs or AIDS,” wrote Church & Dwight Co., producers of Trojan condoms.

Keeping in a tampon during vaginal intercourse: proceed with caution.

While it's probably neither going to help nor harm you, there are countless stories out there from women who have gotten tampons lost “up in there” this way. It may be difficult to get out, but not impossible. A tampon can't get past your cervix, so don't worry about it venturing to the depths of your pelvic region. But if your tampon has traveled beyond your own reach, seek help. While it may be an embarrassing situation, it's better to have a physician remove it for you than to risk suffering from toxic shock syndrome.

Tongues: safe.

As always, though, when in doubt, use protection. Intimidated by the idea of tongue-to-anus contact? There's no shame in using a dental dam, a sheet of protective latex that can be stretched over a vulva or anus during oral sex. You can also substitute plastic wrap or a condom cut down the middle. This is pretty much the only chance you'll ever have to get crafty with your contraceptives.

Sex with a cucumber: safe with a condom.

It's fine to raid your fridge for a makeshift dildo, so long it's not pointy and you use a condom (there may be rough skin on it or bacteria). It's probably best to opt for something smaller (e.g. a carrot or maybe the skinny end of a squash) for an anal dildo. Remember: while nothing you put in your vagina (or a partner's) is going to get past the cervix, things put in the anus can slip farther away from you; so make sure you have a good grip on your toys.

Whipped cream/chocolate syrup: unsafe.

Hello, yeast infection! Pour it all over your body if you want, but your pie-hole is the only hole that sugary stuff should ever be allowed to enter.

Flavored condoms: unsafe. These are another possible cause of a yeast infection. The only place you can taste flavors is your mouth; hence, that is the only place these gloves should go. Their lubricant, designed to enhance oral sex, can cause irritation and/or infection in the anus or vagina. However, if you want a multi-purpose pack of rubbers, there are some brands that sell safe, sugar-free flavored condoms. “Flavored condoms shouldn't be used for vaginal or anal sex...unless they...are FDA approved in the USA,” says AVERT, International HIV & AIDS Charity, at <http://avert.org>.

It only makes sense to take extra good care of the most fun parts of your body. They show you a great time; so show them some respect by ensuring their health and satisfaction.

Style Sightings



DAYNA VASILIK/THE CIRCLE

Tchalim strikes a pose, looking fresh even after a long day of classes.

By DAYNA VASILIK
Graphics Editor

Junior Meheza Tchalim came to Donnelly on a cold Monday night, exhausted and rushed after a long day — but it certainly didn't show.

Tchalim's printed gray and black Steve Madden coat kept her warm, while her dark blue Uniqlo jeggings kept her comfortable. I was shocked when she revealed that the sophisticated gray leather boots she marched in were not a label, but were purchased in a small, little-known shop in downtown New York City.

Tchalim claimed that she did not feel the need to wear name brands or labels, as long as she was wearing something that suited her style. She said that you can always spice up your wardrobe by mixing in one or two reasonably priced items that follow the season's popular trends.

Her Tips and Tricks:

- The best spot to find inexpensive and unique items that nobody else has are in small boutiques and shops in New York City.
- It's OK to take risks and to be creative with fashion; after all, dressing should be fun. However, you should still follow your instincts, and don't try too hard to be something you're not.
- Avoid multiple colors that don't work well together, and clothing that doesn't fit. Stay true to you and your own shape/size.

Want more from Meheza? Check out her handcrafted handbags made with 100% African fabrics at Fashionology in Donnelly Hall.

Pumping iron benefits all athletes

By MICHAEL GAROFALO
Staff Writer

Weight training is not just for the men, according to female runners on the Marist track team. About a dozen women from the team met Friday for one of three weekly sessions in the weight room.

The team, under the guidance of strength and conditioning coach Jonathan Clancy, performs strength exercises such as the deadlift and the front squat. He keeps a log to track everyone's progress on the lifts.

One might wonder why society is quick to peg lifting as a male activity. “I guess maybe that has something to do with the fact that lifting is associated with sports like football,” senior track runner Hayley Harnett said.

According to the book “Starting Strength,” by strength coach Mark Ripetoe and Lon Kilgore, PhD., women benefit from the same exercises as men in the weight room. Maybe the weight loads progress a bit more slowly, but the exercise selections are the same.

Learning proper technique keeps lifters safe and reinforces correct mechanics.

Harnett understands the concerns that some women have when it comes to the effects of weight training.

“I think it's just because they don't want to get bulky, and they [often focus on] losing weight,” she said, “and when you gain muscle, you tend to gain weight some-

what, because muscle weighs more than fat.”

“I think [lifting] is a good idea. I don't want to be looking like a bodybuilder, but the more muscle you have the more fat you're going to burn, so ultimately if you want to lose weight, I think it's good.” She rejects the notion that weight training automatically leads to bulk.

To dramatically increase muscle mass, one would need a very high calorie diet, regardless of gender. Therefore, such a drastic transformation simply would not happen accidentally, or in a short period of time.

There was overwhelming agreement among the team members that lifting was beneficial.

“I was always afraid of hills and then we did the hill workout, and now they're not

that bad anymore,” track runner Christina Turigiano said. Other members also reported that improvements made in the gym translated to better performance in running hills. For example, during a lifting session, each runner does sets of five front squats while holding weights, keeping track of the weights she used for each session. If all goes as planned, she will use heavier weights each succeeding time the team does front squats, resulting in a new personal record.

Learning proper technique keeps lifters safe, and reinforces correct mechanics. This takes time and patience, but is important in the long run.

Training solo or in a group, all lifters are there with personal goals in mind.

Surf your way into fall fashion

By DAYNA VASILIK
Graphics Editor

Let's face it: if you're going to browse through the racks of stores like Forever 21, you're going to need an extra-large latte with three shots of espresso. It's a frazzling task just deciding which side to approach first. I end up just settling for something instead of looking outside my comfort zone. Shopping should be enjoyable, not exhausting. Unfortunately, many of us leave stores drained of energy and money, spent on mindless, impulsive purchases. On the bright side, we have the Internet to help us become smart, stress-free shoppers. Save the workout for the gym!

Chuck the nasty sweater; click on Nasty Gal!

The website <http://shopnastygal.com> does not just have a wide selection of vintage clothing and accessories, but also original designer pieces. Nasty Gal prides itself on providing customers with a selection of distinctive clothing that offers both personality and individuality. The website features familiar brands like Steve Madden, but also bizarre brand names like Arynk and Funktional. Although these labels may sound strange, their selection of clothing is striking and creative. Nasty Gal has many fad items, but they're not wacky to the point where you can't pull them off. Sign up on their website to receive e-mails from the owner and stylist of Nasty Gal, Sophia Amoruso. You'll get weekly style tips, updates and exclu-

sive discounts.

There's nothing better than making a purchase you actually like, rather than just purchasing warm clothing because you need it this time of year. Nasty Gal is perfect for those who are done settling, and want to wear something striking and eye-catching.

Transform your look, and your wallet.

In my spare time, I look at celebrity pictures and attempt to imitate their smoky eye makeup. Sadly, it turns out to be a failure when I don't have the right makeup or tools to accomplish this sexy look. The website <http://eyelipsface.com> (e.l.f.) has inexpensive makeup along with brushes, sets and palettes, gifts, nail polish and other beauty tools. Their beauty encyclopedia (an extensive palette of face makeup) was recognized in People Magazine for being super affordable (\$5). The philosophy of the website says "that innovative technology, quality ingredients and superb delivery systems should not be limited to prestige retailers. Every woman should have the opportunity to participate in innovation, without sacrificing her budget."

Customers who worry that the website's makeup contains ingredients that will cause them to breakout can choose to purchase their anti-aging, SPF or oil-free products.

After five minutes of perusing, I was bragging to my roommates about how I only spent \$25 on a blush, bronzer, two mineral eye powders, two fake eyelashes, eye shadow primer, tinted

moisturizer and brushes. Some of them laughed and said the products are probably poor quality. But three days later I had great new makeup to experiment with, and about a week later my friends ended up ordering their own e.l.f. items.

The website has a "Get the look" section where it shows what products can be used to achieve whichever beautiful makeover you choose. This part of the website gives makeup options for "American Girl," "All Natural," "Modern Jackie O," "Earth Angel," "Golden Glam" and "Sultry" looks, among others. It also gives step-by-step instructions on how to copy the looks of the models.

E.l.f. blog gives reviews and advice on products, like how a lightweight, anti-aging, SPF-tinted moisturizer can help you achieve a flawless and glowing face. I couldn't believe that this blog doesn't just offer tips and tricks, but also gives customers a way to save money. For each valid web comment on the blog you receive a free \$5 coupon via e-mail — one per person to the first 25 posts.

Other websites worth clicking.

<http://shopstyle.com>

Hearing about this website from a student in my fashion class was a blessing. It allows you to search every online retailer for a specific item, the price range of that item, color and size. If you aren't sure whether or not you want to make the purchase, you can add the item

to your stylebook to keep your eye on it and see if it goes on sale.

<http://wardrobe.com>

This blog allows you to get inspired by viewing other people's outfits and accessories. The best part about this website is that viewers aren't just provided with inspiration and ideas, but they're also told what brand each item featured is. Whether you are looking for edgy or conservative, this blog allows you to explore your options through photos of creative fashionistas.

<http://missselfridge.com>

This U.K. retailer is similar to the store Topshop. They recently had the stylist from the show "Gossip Girl" create a line of different styles of dresses to match the individuality of the characters on the show.

"Miss Selfridge has created a collection that is true to the ideals of the show and one that young women will aspire to own. We're certain it will be a commercial success, and the beginning of a long-term relationship with the retailer," said Paul Bufton, general manager of Warner Bros. consumer products U.K. The website is easy to browse, letting you surf through whatever piece of fashion you desire. They have a blog, "Style Diaries," that shows you looks of different celebrities and how you can purchase a similar look on their website. I feel like a little boy attached to his video games while I'm on this website!

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MARIST



The Fox Trot

Quick hits of the week in Marist athletics

Football

BUIES CREEK, N.C. -

The Marist men's football team got a much needed victory against Pioneer Football League (PFL) foe Campbell on Saturday. With a 42-14 win, the Red Foxes improved to 3-5 overall and 2-4 in the PFL.

For James LaMacchia, the last month has been quite eventful. During October, LaMacchia broke the

all-time Marist receptions and receiving yards record. On Saturday, LaMacchia simply went off. He grabbed 11 receptions for 151 yards and two touchdowns.

Senior quarterback Tommy Reilly completed 21-of-29 passes for 313 yards and three touchdowns. Marist compiled 418 yards in total. The Red Foxes forced three turnovers and didn't commit any.

The Red Foxes improved to 3-5 overall and 2-4 in the PFL. Campbell fell to 2-6 overall and 1-4 in league play.

Volleyball

POUGHKEEPSIE, N.Y. -

Struggles continued this past weekend for the Marist volleyball team, who competed without both of their setters. Without Hanna Stoiberg

and Audra Brady, the Red Foxes lost their third and fourth consecutive games to MAAC opponents.

On Saturday, Marist fell in four sets to the Manhattan Jaspers. On Sunday, Marist lost in five sets to the Rider Broncs. Marist hits this weekend to take on Canisius on Saturday in Buffalo, N.Y.

Men's and Women's cross country finish in top 5

By ERIC VANDER VOORT

Staff Writer

The Marist cross country teams competed in the Metro Atlantic Athletic Conference Championships last Friday at Hammonasset State Park in Madison, Conn. Both teams turned in strong performances, as the men's team took on second place and the women's team placed fourth.

The men's team finished comfortably in second with 53 points. This is the sixth consecutive year the Red Foxes have finished second at the MAAC Championships. Iona, who is ranked fourth nationally, won the meet with 18 points.

Coach Pete Colaizzo praised the performance of the Red Foxes.

"From top to bottom, they were extraordinary," he said. "They all ran really well."

Junior Matt Flint was the top finisher for Marist, and seventh overall with a time of 24:50.5. Junior William Griffin was right behind, finishing eighth overall in 24:53.7, and Arquimedes Delacruz placed 12th with a time of 25:13. These three earned All-MAAC honors by finishing in the top 15.

Flint was happy with the team's performance, but pointed out that one of their top runners was missing. "We didn't have [Adam] Vess," he said.

Vess has been dealing with an injury, and he was rested as a precaution, "to make sure he can run in regionals," Flint said.

Other scorers for Marist were freshman Ken Walshak (16th, 25:17.2), who was the top-finishing freshman in the entire meet, and senior Nick Webster (20th, 25:47.1).

Both Colaizzo and Flint applauded the strong performances of some of

the younger members of the team. Both specifically mentioned sophomore Joel Moss, whose time of 26:18.6 earned him a 32nd-place finish and a personal record by 27 seconds.

The Red Foxes' 53 points were only one point higher than the best MAAC score in team history, when they scored 52 in 2006.

The women's team finished fourth in the conference, with 106 points. Iona won the meet with 21 points, followed by Canisius and Loyola.

Freshman Kiersten Anderson continued to lead the Red Foxes, being the team's top overall finisher for fifth consecutive time. She finished fifth overall in a time of 21:43.5.

"Being top five in our conference is hard," said coach Chuck Williams. He added that this was especially impressive, as Anderson is a freshman.

The Red Foxes have been affected

by injuries to some of their top runners this year, but both Williams and Anderson were satisfied with the team's performance.

"We did as good as we could have, considering the obstacles we had to overcome this year," Williams said.

Anderson said that the injuries helped "to make everyone work harder" during the season, and added that "the team put in a good effort, a lot of our girls were close together, which is good."

The next four finishers for the Red Foxes placed between 23rd and 31st overall, including junior Briana Crowe (23rd, 22:50.5), sophomore Katie Messina (27th, 22:56.5), sophomore Erin O'Reilly (29th, 23:00.4), and junior Kathryn Sheehan (31st, 23:03.8).

Both teams will send their top seven runners back to Hammonasset State park for the NCAA Regional on Nov. 13.

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Winless Halloween weekend for Foxes

By MIKE WALSH
Staff Writer

For head coach Scott Davis' women's soccer team, the season is just beginning. Some may call making the championship tournament a major accomplishment for a team that finished last season as the seventh seed and had their coach resign days before the 2010 regular season began.

This team however, remains hungry to finish what they started, and now they have even more motivation, after their stumble this past weekend bumped them out of the number one spot in the conference. They now have a tough two vs. three matchup with the 15-3 Siena Saints in the MAAC Championship Tournament this weekend.

Marist entered last weekend at 6-1; having already clinched a playoff berth, they seemed to have a stranglehold on the first overall seed as well. With games Friday night and Sunday afternoon, both in the comfy confines of Tenney Stadium, and both against sub .500 Iona and Fairfield, neither of whom will be in the tournament. Tie in the fact that the Red Foxes were coming off an emotional win over rival Siena in their biggest game of the season, and all things added up to Marist being able to take care of business.

However, Halloween weekend decided to play a trick on the ladies of Marist soccer. Instead of giving them a treat, the soccer gods granted Iona, who had netted only eight goals in their previous 18 matches, three goals on the MAAC's second ranked defensive team. Marist's career and season record holder in shutouts, senior goalkeeper Jamie Balzarini.

"That was a terrible feeling that we don't want to feel again," said senior Lauren Tillotson, who along with Balzarini, was named to the ESPN the Magazine/CoSIDA Academic All-District First Team.

Another pure act of witchcraft was Marist's inability to put the ball in net against either team after scoring 12 goals in their previous five matches.

"Without a doubt, we were too content and it was evident in the first minute," Davis said.

"It was a mixture of initial overconfidence and being caught off guard by Iona," Senior Dani Burns said.

Though Marist dominated play Sunday afternoon, they were unable to execute on their scoring opportunities, capped off by a scoring opportunity being taken away by the referee. With the 0-0 OT draw, Marist (6-2-1) lost its spot at the top of the conference to Canisius (7-2)



DAN NOVEMBER/THE CIRCLE

No. 2 Marist will face off against No. 3 Siena in their semifinal match of the MAAC Tournament. Canisius matches up with Rider in the other semifinal matchup.

who, after dropping a 3-1 decision at home to the Red Foxes, righted the ship and won their final four matches by a combined score of 13-2.

"The title was ours for the taking," Davis said. "They did what they had to do, and we helped them out."

"They are definitely a solid team, but everyone goes into the tournament with a clean slate," said Tillotson.

As the tournament takes shape at Loyola's Ridley Athletic Complex this Friday, No. 1 Canisius will play No. 4 Rider in the 3 p.m. game, while No. 2 Marist faces off with No. 3 Siena at 6 p.m.

The two winners will square off in the championship game on Sunday at 1 p.m.

Marist has beaten Siena in each of the teams' last two meetings, meaning the Saints will be coming out angry and vengeful.

"They are a talented team that has found themselves once again after hitting a couple rough games, including against us when we played the best game we've played all season," Davis said.

For the upperclassmen however, this is not uncommon ground. Last year's team dropped six of their final seven matches before winning two games in the tournament and taking Niagara to overtime in the semifinals before bowing out 2-1.

On top of that Marist has had the

good fortune to have already beaten each team in the 2010 tournament. Being elimination games however, makes these much more important, and Marist will take a more methodical approach to the tournament.

"We know we are capable of beating them, but we can't go in with that attitude. They all want to beat us and will be coming out with that extra fire," Tillotson said.

Last season all MAAC teams went to the championship tournament. Entering a season swirling with doubt, Marist has played themselves into a two-seed and proven that they belong among the MAAC's elite. This season only the top four teams have been admitted, leaving no room for error for the Red Foxes, who nobody, especially departed coach Emily Roper, thought would be here.

To get back on track, Burns believes the team must follow Coach Davis' wisdom.

"He always tells us, it's a domino effect," Burns said. "It takes one person and we will feed off each other, we act on what we see from our teammates."

In the end you must credit this entire team, "I didn't expect us to be here, these girls all had to buy into a new system and a new coach," said Davis. "I don't go into every game playing to not lose; I go into every game to win."



DAN NOVEMBER/THE CIRCLE

Marist finished the regular season with a 10-8-1 overall record. Their winless weekend versus MAAC opponents lead to a 6-2-1 conference record and No. 2 seed.

From Page 12

Foxes split weekend home games in race for MAAC finals

the championship, and Marist currently sits in sixth place, one point behind fifth place Niagara and three points back from fourth place Iona.

"We need to go 2-0 this weekend," Viggiano said. "If we take care of business I think we'll have had a good year and hopefully the chips will fall where we want them to."

On Monday, Witkowski and

Touloumis were named to the ESPN the Magazine Academic All-District team. To be eligible for this team, student-athletes must have a GPA of 3.30 or higher and be at least a sophomore.

Touloumis, a first team choice, became the first Marist student-athlete in history to be named Academic All-District three times. The senior also has the chance to

become an Academic All-American for the second straight year.

Witkowski, who was named to the second team, has been on a tear as of late. His eight goals and 20 assists are tied for the team lead with Brossard, and he is currently on a three-game scoring streak in which he has piled up nine points.

"My guys do the right thing on and off the field," Viggiano said. "We

take work in the classroom as seriously as we take work on the field. Krystian and Joe definitely deserve to be commended for that. But our whole team does a great job on that front so I'm very proud of them."

Marist will welcome Niagara to Poughkeepsie on Friday, Nov. 5 at 7 p.m.

Foxes make final push for MAAC Tournament

By SCOTT ATKINS
Sports Editor

The Marist men's soccer team spent the weekend on the road as they split matches against conference rivals, Rider and Loyola.

The Foxes traveled to Lawrenceville, N.J. Friday night to battle a 2-11-1 Rider squad that had only one MAAC victory. Marist looked like the better team from the opening whistle, and in the 35th minute, junior Krystian Witkowski put the Foxes on the board to take a 1-0 lead, which would stand into halftime.

"We played a pretty complete game," head coach Matt Viggiano said. "We got the just result, there's no doubt we were the better team and I think the score reflected. There was only about a ten-minute span where our level of play dropped."

One minute after sophomore Stephan Brossard added to the lead with a goal of his own in the early second half, Rider netted its first goal of the match, cutting the lead in half. But the Foxes quickly responded when Brossard scored his eighth goal of the year and second of the match. The two-goal lead would



DAN NOVEMBER/THE CIRCLE

The Foxes sit at 3-4 in the MAAC with two matches remaining. They will host Niagara on Friday night at 7 p.m. before the season finale Sunday afternoon versus Canisius.

stick through the final whistle as Marist came out on top 3-1.

The Foxes' road-trip continued with a match against the preseason number one team in the MAAC, Loyola. Loyola entered the game with a 5-1-1 MAAC record, and played like it early on. Within the

first 11 minutes, the Greyhounds had jumped out to an early 2-0 lead, and that would be the score as the two squads entered halftime.

The second half was all Marist, as the score was tied at two within the first four minutes of the start of the half. Witkowski put the first tally

on the board before senior Mike McGowan netted the game-tying goal 47 seconds later. In the 64th minute, senior Joe Touloumis gave the Foxes the lead with what was their third unanswered goal. Soon after, controversy struck.

McGowan had an opportunity to clear the ball out of the box during a Rider rush when he was tripped by a Greyhound. The referee made no foul-call and Rider senior Glenn Leitch was able to score off of the loose ball to tie the game.

"It was a blatant foul," Viggiano said. "My guys were on the bad end of some really shoddy officiating and it's a real disappointment."

The Foxes would fall in the first overtime period 4-3. Despite the controversial goal, Viggiano was proud of the way his team stormed back after facing an early two-goal deficit.

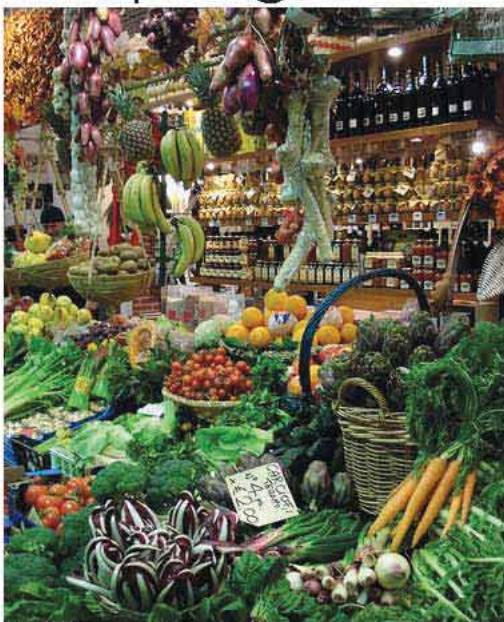
"We dug deep and came back from a tough situation against the preseason number one team in the conference," he said. "We hung three [goals] on them and had a very unfortunate ending."

Marist (8-8, 3-4 MAAC) will now need some help to make it into the conference tournament. The top four teams in the MAAC play for

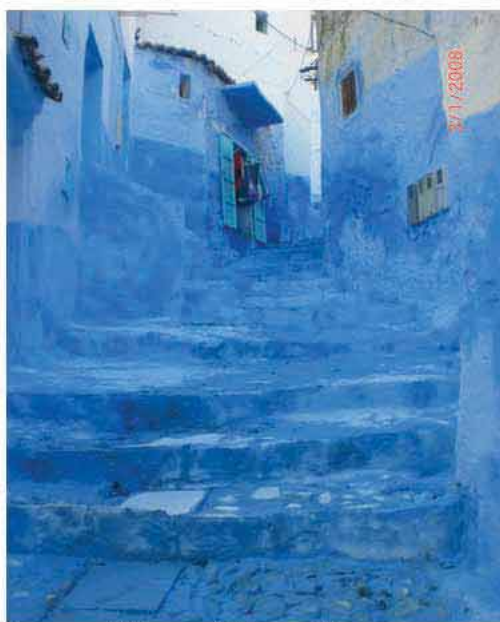
SEE THE CHAMPIONSHIP, PAGE 11

MARIST INTERNATIONAL PROGRAMS

Spring/Summer 2010 Photo Contest Winners



First Place, Cassandra Jesmonth, Italy, "Fruit"



Second Place, Brittany Thomas, Morocco, "Stairs"



Fifth Place, Christina O'Sullivan, Holland, "Tulip Field"



Third Place, Nora Barry, South Africa, "Children"



Fourth Place, Sam Tobia, Bolivia, "Market"